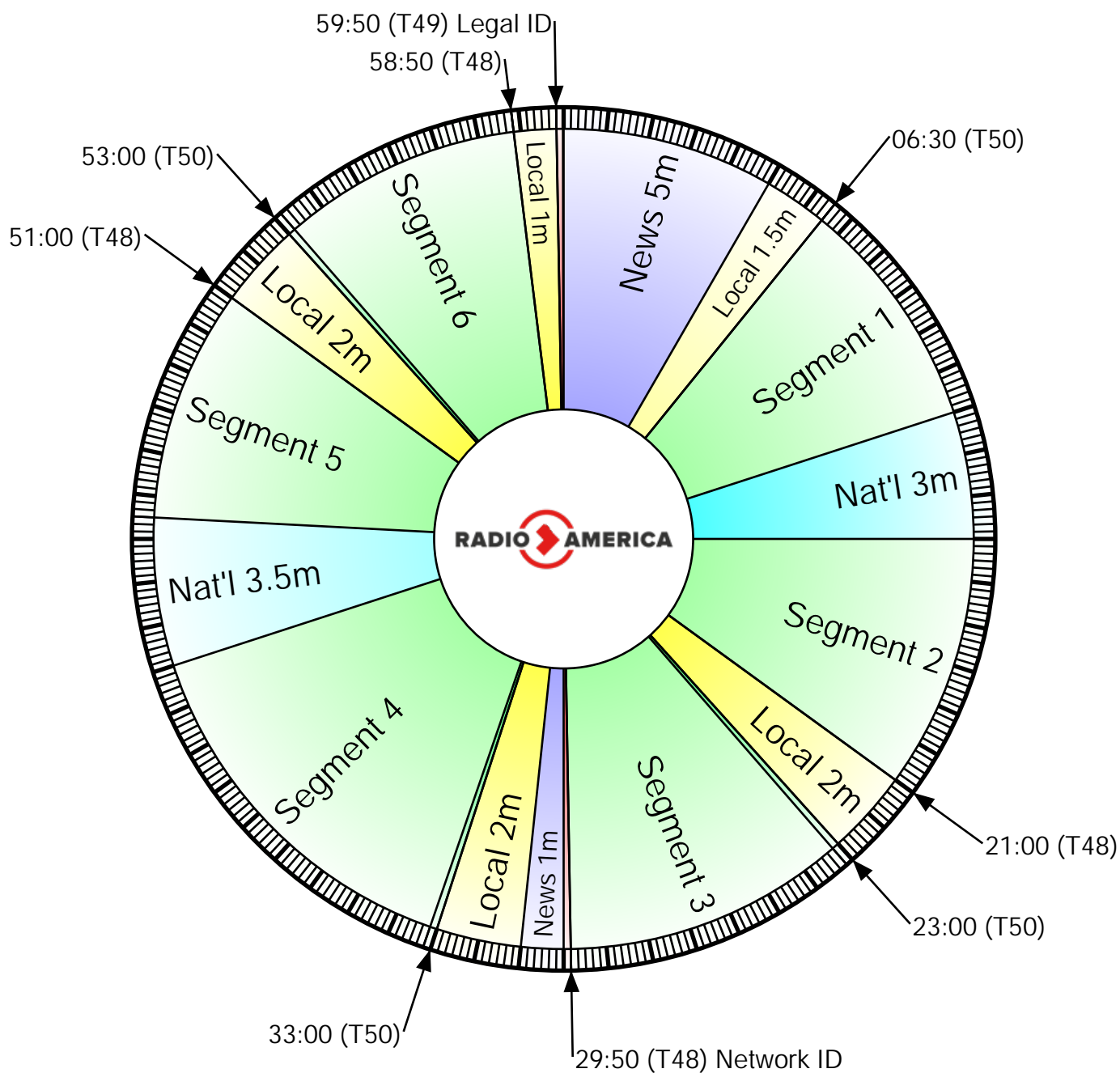


# Good Day Health with Doug and Dr. Ken



RA Studio:  
703-302-1000 (dial 1)

Affiliate Relations:  
703-302-1000 (dial 2)

XDS Label:  
RA - Good Day Health

Cumulus TOC:  
(914) 908-3210

Except where exact times  
are indicated, breaks will float.

Network takes up to  
6 minutes in program time

Netcues: (T48) = Local; (T49) = ID; (T50) = Return, followed by 10s of music.